

Multiple Myeloma

Darren S. Fentress, MD

Luisa A. Orrico, MD

Megan Kruspe, BS

Kristi S. Briscoe, BS

Damian A. Laber, MD, FACP

This month's quiz is based on the article "Multiple Myeloma," which begins on page 15 of this issue. Choose the single best answer for each question.

- 1. What evaluations should be included in the initial work-up for suspected multiple myeloma (MM)?**
 - (A) Serum protein electrophoresis, urine protein electrophoresis, and skeletal survey
 - (B) Complete blood count and complete metabolic profile
 - (C) Computed tomography scan of the chest, abdomen, and pelvis
 - (D) Technetium bone scan
 - (E) A and B
- 2. On average, what percentage of patients with monoclonal gammopathy of unknown significance will progress to malignancy every year?**
 - (A) 0%
 - (B) 1%
 - (C) 5%
 - (D) 10%
- 3. What is the recommended management approach for a 57-year-old woman with newly diagnosed MM who has a beta-2 microglobulin level of 3.9 µg/mL, normal albumin, no end-organ damage, and no comorbidities?**
 - (A) Start induction chemotherapy followed by high-dose chemotherapy with hematopoietic stem-cell rescue
 - (B) Active surveillance with treatment if progression occurs
 - (C) Melphalan and corticosteroid
 - (D) Thalidomide alone or with corticosteroid
- 4. What is the best first-line treatment for a very active 68-year-old man with progressive, symptomatic MM and no comorbidities?**
 - (A) Start induction chemotherapy followed by high-dose chemotherapy with hematopoietic stem-cell rescue
 - (B) Melphalan and corticosteroid
 - (C) Active surveillance with treatment only if progression occurs
 - (D) All are equal
- 5. Management of MM in a patient with suspected cord compression must include**
 - (A) Bone scan
 - (B) Dexamethasone and intravenous bisphosphonate therapy
 - (C) Urgent magnetic resonance imaging, dexamethasone, and neurosurgical consultation
 - (D) Careful observation
- 6. Which statement is true regarding kidney disease in patients with MM?**
 - (A) Renal disease is rare in patients with MM
 - (B) Myeloma kidney can present as acute renal failure
 - (C) Uric acid nephropathy is commonly associated with MM
 - (D) None of the above

Drs. Fentress and Orrico are resident physicians, Department of Medicine, University of Louisville; Ms. Kruspe and Ms. Briscoe are medical students, University of Louisville School of Medicine; and Dr. Laber is director of the Hematology and Medical Oncology Fellowship Program, University of Louisville, Louisville, KY.

For answers, see page 36.

Answers to the review quiz on page 26. The article on multiple myeloma begins on page 15.

1. (E) A and B stem-cell rescue
2. (B) 1%
3. (B) Active surveillance with treatment if progression occurs
4. (A) Start induction chemotherapy followed by high-dose chemotherapy with hematopoietic
5. (C) Urgent magnetic resonance imaging, dexamethasone, and neurosurgical consultation
6. (B) Myeloma kidney can present as acute renal failure

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